



**ST VINCENT'S
PRIVATE HOSPITAL**
BRISBANE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

Breakfast Forum - Brisbane

An Insight into Palliative Care

Tuesday, 24 May 2016

A lack of understanding within the community can lead to inappropriate care at the end-of-life and reduce the potential benefits that can come from using a palliative approach. The evidence on which to base a palliative care approach for people with chronic disease, malignant and non-malignant, is increasing. Introducing a palliative approach earlier rather than later also means 'difficult' conversations about advanced care planning can take place at an appropriate time and give greater opportunity for patients and families to reflect and prepare.

Who should attend:

- General Practitioner Specialists
- Palliative Medicine Specialists
- Oncologists
- Geriatricians
- ICU Specialists
- Allied health professionals
- Clinical Nurses
- Aged care nurses
- Acute care nurses
- Counsellors, Pastoral/Spiritual Carers

This forum will address:

- The role of palliative care and the benefits of a palliative approach in the early stages of disease.
- End-of-life decision-making and advanced care planning options - including the role of legal documents such as Advanced Health Directives, Enduring Power of Attorneys, Wills - and the legal and ethical issues surrounding their use.
- Ethical foundations for patients, carers and medical professionals.
- The Statement of Choices as an advanced decision making option.

Time will be allowed for discussion and questions from the audience.

Discussion includes:

- Evidence and scenarios for a palliative care approach of patients with malignant and non-malignant incurable illness.
- Talking to patients and families about end-of-life decision-making and referral to palliative care.

Presenters

- Dr Julia Wootton
President, Palliative Care Queensland
Palliative Medicine Specialist
- Ms Sonja Read
Special Counsel
Minter Ellison

Please see overleaf for speaker profiles.



Please complete all information requested on this form

Register online:

www.svphb.org.au

FAX 3041 6520

EMAIL info@svphb.org.au

CALL 3435 1615

Please RSVP by Monday 16 May
You will receive a registration
confirmation.

Name: _____ QI & CPD: _____

Practice address: _____

Tel: _____ Fax: _____

Email: _____

Please advise any special dietary requirements: _____

Time and venue:

**7am till 9am, The Colmslie Hotel
Corner of Junction and Wynnum Road
Morningside**

Event details:

**Free sit-down breakfast and
guest speaker presentations.
Ample free parking is available on site.**



**ST VINCENT'S
PRIVATE HOSPITAL**
BRISBANE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

An Insight into Palliative Care

Presenter profiles



Dr Julia Wootton

BMFRCP (UK), PgDip Palliative Medicine (UK), BEd. (UK), FACHPM
President, Palliative Care Queensland
Palliative Medicine Specialist

Julia is a Palliative Medicine Specialist at St Vincent's Private Hospital Brisbane, holding qualifications in education and medicine obtained in the United Kingdom. Julia has 20 years palliative medicine consultancy experience having worked in all areas of palliative care including: acute hospital consult teams, specialist palliative care units, community services, hospice and has been involved in working with and mentoring services in India, Romania and Russia.

Julia was Director of the Palliative Care Service at St Vincent's from 2009 to early 2015 and has considerable expertise in service development and a special interest in ethics and education. In 2012 Julia joined Palliative Care Queensland's State Council and has been its President since 2013.



Ms Sonja Read

LLM (UPenn), LLB (Hons) (UQ), BSc (Neuroscience) (UQ)
Special Counsel
Minter Ellison

Sonja is a Special Counsel in the Minter Ellison Brisbane office, holding qualifications in law and medical science. Sonja practices in the health and bioscience sectors, providing advice and litigation services for the Department of Health, public hospitals, private hospitals and Universities.

Sonja has advised health services in relation to decision making for patients who lack capacity and advised in relation to the development of end-of-life decision-making frameworks. In complex cases, Sonja has been involved in Tribunal applications seeking a declaration of capacity, appointment of a guardian, and orders authorising the withdrawing of life-sustaining measures.

Compassion Justice Integrity Excellence

St Vincent's Private Hospital Brisbane 411 Main Street, Kangaroo Point Qld 4169

Phone: 07 3240 1111 Email: info@svphb.org.au

www.svphb.org.au