

# A wellness approach for people over 65 years

## - lessons from the oldest old

This education was presented at the 2014 PSA Offshore Refresher Conference in New York.

**Date:**  
Tuesday  
9 September 2014

**Time:**  
6.30pm - 8.30pm  
Buffet dinner and presentations.

**Venue:**  
SVPBH  
411 Main Street  
Kangaroo Point  
*Ample parking is available on site.*

This event will provide GPs and their Practice team with relevant geriatric care information to improve the delivery of health care to older Australians.

After this education session, you should be able to:

1. Describe the characteristics of the 'oldest old' with a low morbidity burden.
2. Describe the features of normal ageing that predispose people to age related morbidities.
3. Develop an understanding of the major health factors that increase morbidity and mortality with ageing.
4. Discuss strategies for increasing likelihood of ageing morbidity free.
5. Gain an appreciation of the common health concerns of the current generation of retirees and some of their beliefs.
6. Be up-to-date in the importance of medication reviews and general health assessments after 65.

Dr Anthony French is a Geriatrician consulting at St Vincent's Private Hospital Brisbane with specialisation in the areas of Orthogeriatrics, Perioperative Medicine and Rehabilitation of the Older Person. Anthony has significant involvement in education and speaking on multiple topics relating to geriatric medicine, including medical student education, GP education, pharmacist education including HMR pharmacists, diabetes educator training in Queensland and NSW and at scientific meetings across Australia and internationally.

Please fax or email your acceptance of this invitation

**RSVP:**  
Tuesday  
2 September 2014  
to Candice Anderson

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